

SOCIAL SKILLS CLASSES

Behavioral Sensibilities/Manners by Bren

The Simplicity of Politeness and Good Manners

For Children, Adolescents, Young Adults, Family
Groups in your home or in a restaurant,
School & Social Groups,
Personal Counseling or Executive Groups

"I polish the rogue within." Bren

I make it funny, relaxing and fun to learn and
improve social skills, regardless of age.

You will be taught:

- Casual Table Manners and how to eat properly
- The proper way to set a table
- When to use which utensils and when to eat with fingers, How to properly use a fork, knife and spoon & What to do with a napkin
- How to sit properly and converse well at the table, When to leave the table and how, When and How to help clear the table
- General Civilities & Politeness, Respect, and Social Skills
- How and when to address adults
- Eye contact, body movements, noises, walking and posture
- Taking good care of your hair & body – cleanliness and grooming
(wonderful tips from a professional international speaker, model and actress)

WHERE?

In your home:
(Classes also given
in restaurants for
adults & children)

Personal coaching for your child(ren) or with a
group of their friends. Excellent for the entire family
(The family that breaks bread together stays together.)
or

Gather a group of any size and have a simple meal ready.
I will sit with them, eat with them and guide them. You
have the benefit of time to yourself while I entertain the
children. *Not limited to children only.*

WHEN? Anytime

I work with your schedule and I am available daytime or
after school, early evenings, Saturdays and Sundays.

FOR HOW LONG?

1-1/2 hours +, half days, full days

Larger groups and Series of Classes are available. Please call to discuss your needs.

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Bren@BehavioralSensibilities.com

www.BehavioralSensibilities.com